

APRIL

7TH National Poomsae Development Belfast
<https://www.facebook.com/events/2558984134143539/>

7th Ulster Regional Kyorougi Training Belfast

13TH National Kyrougi Squad Training Dublin

14th Kyorougi Seminar with Greek International Coach Nikos
<https://www.facebook.com/events/641784566256432/>

27th/28th Northern Ireland Poomsae and Kyrougi development competition Belfast

MAY

5th Champion Open Taekwondo Tournament – Dublin
<https://www.tpss.eu>

19th Ulster Regional Kyorougi Training Belfast

JUNE

1st Preliminary Dan grading (TBC)
<https://forms.gle/ztqXKyDSypyifyJw6>

29TH ITU Dan Grading (TBC)

OCTOBER

13TH Belfast International Open Tournament
<https://www.tpss.eu>

26TH ITU Preliminary Dan Grading (TBC)

NOVEMBER

28- 1ST Dec. World Taekwondo European Olympic Weights Championships

DECEMBER

14TH & 15th Korean Ambassador's Cup